



**The process is simple.  
Your peace of mind,  
immeasurable.**

Thank you for choosing Legal & General America for your life insurance needs. You're on your way to protecting the people who rely on you most.

### **What happens now?**

You should have received an email from us with a link to complete your life insurance application online. The process should only take about twenty minutes.

You will be asked questions about your medical and financial history. This information will only be used for insurance coverage consideration and will be kept confidential in accordance with our privacy policy.

If you need help along the way, you can contact us at any time with questions.

### **A short medical exam**

If needed, we may schedule a free thirty minute medical exam. A trained medical examiner will take your height, weight, blood pressure and pulse; collect blood and urine; and possibly conduct an EKG; and/or complete a medical history report.

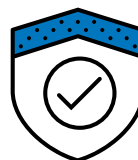
#### **Exam preparation tips**

- Avoid strenuous exercise the day before
- Get a good sleep the night before
- Don't eat solid foods or drink alcohol eight hours before
- Don't use tobacco or drink caffeinated beverages one hour before
- Drink a glass of water one hour before

### **Helpful documents to have on hand**

While completing the online application, it will help if you have some of the following information:

- Driver's license and Social Security numbers
- Names, addresses and phone numbers of doctors, clinics and hospitals visited in past ten years
- Reasons for and dates of medical treatment
- Names of prescription medicines
- Other life insurance policies, including company names, coverage amounts and policy numbers
- Financial information, including income, assets, liabilities and net worth



**You'll be protected once  
your application has been  
approved and first payment  
has been received.**